Dr Bela Vadodaria qualified in Medicine in1985 and trained in Anaesthesia in India. In 1996 she was awarded the fellowship of the Royal College of Surgeons and Anaesthetists of Ireland (FFARCSI) followed by the CSST in Anaesthesia in 2002. During her training as an Anaesthetist, she developed interest in the Management of patients in Chronic pain.

She is a Consultant at Hillingdon Hospital, where she has introduced a multi-disciplinary input in pain management to give best quality of care for complex Pain patients.

She believes in a multidisciplinary holistic input through an integrated patient specific approach including both interventional as well as non-interventional techniques and appropriately combining medicines, TENS, Acupuncture, low level laser therapy and interventions with Physiotherapy and Cognitive Behavioural Therapy.

Pain Procedures offered –

Headache

• Cervical Epidural
• Occipital nerve block, ablation
• Sphenopalatine ganglion block
• Botox injections
• C2 nerve block

Neck-Shoulder-Arm pain and for Whiplash Injuries

• Epidural Steroid Injection (ESI) – cervical,
• Facet Block with steroid – cervical
• Radiofrequency Lesioning/denervation (Rhizotomy) – cervical
• Transforaminal epidural injections with steroid – cervical
• Selective Nerve Root Block
• Trigger Point Injections with steroid and Botox

Chest pain and upper backpain, pain from collapsed vertebrae

• Epidural Steroid Injection (ESI) –thoracic, lumbar
• Facet Block with steroid
• Radiofrequency lesioning/denervation (Rhizotomy) –thoracic
• Selective Nerve Root Block, Intercostal Nerve root blocks
• Trigger Point Injections with steroid and Botox
• Stellate Ganglion block / Radiofrequency lesioning
• Sphenopalatine ganglion block
• Localised nerve blocks

Low Back pain, sciatica and Whiplash Injuries

• Epidural Steroid Injection (ESI) –lumbar
• Facet Block with steroid lumbar
• Sacroiliac Joint Injection
• Radiofrequency Lesioning/denervation (Rhizotomy) –lumbar
• Transforaminal epidural injections with steroid –lumbar
• Selective Nerve Root Block-
• Trigger Point Injections with steroid and Botox
• Sphenopalatine ganglion block

Nerve Blocks for pain due to nerve irritation, impingement, compression or damage (groin pain, thigh pain, Post Herpes pain, post surgical pain)

• Nerve blocks
• steroid injections
• Botox injections
• Radiofrequency lesioning

Qutenza Patch Treatment

• Peripheral Neuropathic Pain
• Post herpetic pain
• Scar pain
• Small fibre neuropathy
• Peripheral neuropathy
• CRPS

Intravenous Infusions for pain management

• Fibromyalgia
• Widespread neuropathic pain
• Abdominal Pain

Chronic Pelvic or abdominal pain, Pudendal neuralgia

• Trigger point Injections- steroid, botox, Radiofrequency lesioning
• Hypogastric and ganglion impar block
• Pudendal block, ablation

Areas of interest

Low level Laser Therapy in *PAIN* Management

Headache and facial *PAIN*

Qutenza Patch Treatment

Intravenous Infusions for *PAIN* management

Chronic Pelvic or abdominal *PAIN*, Pudendal neuralgia, coccydynia

Use of Botulinum toxin (Botox) in *PAIN* management

MACS Clinic Timings-

Wednesdays 12.30 pm to 5.30 pm

Adhoc appointments on request are available

Medical secretary-

**Contact-**

Telephone- 07868 118976 (Wed, Thu, Fri- 9 am- 5.30 pm)

Email- enquiries@reinpain.com

Accounts Manager

Email Contact- accounts@reinpain.com